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2011



*A Qualitative Comparison of Transition Practices for People with Intellectual and Developmental Disabilities in California and the United Kingdom*

**ABSTRACT**

Transition to adulthood is a difficult time in everyone's life, but for people with intellectual and developmental disabilities the lack of proper guidance makes this time period especially challenging. This comparative analysis of transition practices for people with disabilities compares the legislature, literature and experiences of professionals, teachers, parents and students in California and the United Kingdom, who either work directly with people with disabilities or have a disability themselves. The results indicate a huge gap in both countries' policies that is ultimately reducing the quality of these young adults' lives upon their transition to adulthood. Conclusions from the data and the literature were summarized in conjunction with the author's own experiences to advocate for a change in the way transition services are being provided and suggest ways to go about improving them in the future.